

Unit Outline (Higher Education)

Institute / School:	Institute of Health and Wellbeing
Unit Title:	PRIMARY HEALTH 4: NURSING PEOPLE LIVING WITH CHRONIC CONDITIONS
Unit ID:	NURBN3033
Credit Points:	15.00
Prerequisite(s):	Nil
Co-requisite(s):	Nil
Exclusion(s):	Nil
ASCED:	060301

Description of the Unit:

Australia faces the challenge of an increasing prevalence of people living with chronic illness who experience increased complexity and diversity of health care needs. This unit examines the concept of nursing people living with chronic conditions, sensitive to meeting the needs of a diverse multicultural population through evidence-based, person-centred, best practice nursing. The unit will develop knowledge, skills and awareness in the principles and provision of nursing responses for supportive in place care for people living with a chronic illness. Acknowledging the dynamic interplay between age, culture and bio-psychosocial needs of people, this unit will explore differing frameworks for chronic illness. This unit will enable the ability of graduate nurses to relate differing models of person centred and in home care within a holistic framework in the provision of best nursing practice for people experiencing chronic conditions

Grade Scheme: Graded (HD, D, C, P, MF, F, XF)

Work Experience:

Not wholly work experience: Student is not undertaking work experience in industry or student is undertaking work experience in industry where learning and performance is directed by the provider.

Placement Component: No

Supplementary Assessment: Yes

Where supplementary assessment is available a student must have failed overall in the Unit but gained a final mark of 45 per cent or above, has completed all major assessment tasks (including all sub-components where a task has multiple parts) as specified in the Unit Description and is not eligible for any other form of supplementary assessment

Course Level:

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Introductory	■	■	■	■	■	■
Intermediate	■	■	■	■	■	■
Advanced	■	■	✓	■	■	■

Learning Outcomes:

Knowledge:

- K1.** Analyse the bio-psycho-socio-cultural concepts of living with chronic conditions/illness for individuals, groups, communities and populations and discuss the strategies and interventions adopted within Australia to address the increasing prevalence of people living with chronic conditions/illness and the diverse needs of consumers across the lifespan
- K2.** Critically examine common chronic illnesses and chronicity and discuss the factors that influence the ability of individuals experiencing chronic disease, groups, e.g. aged people, children, communities and populations to live well in today's society
- K3.** Discuss the role of the nurse in the provision of evidence-based care across diverse settings, including in-home and community practice, for people living with chronic illness in multicultural Australia

Skills:

- S1.** Assess the factors that influence the ability of individuals, groups, communities and populations to live well with chronic illness in today's society
- S2.** Utilise evidence-based practice to provide person-centered care needs of individuals, groups, communities and populations living with chronic illness
- S3.** Apply suitable model/s and clinical skills principles to resolve ethical issues relevant to care of individuals, groups, communities and populations including vulnerable groups living with chronic illness and meeting the needs of a diverse multicultural population
- S4.** Consolidate and assess nursing graduate attributes and Practice Standards

Application of knowledge and skills:

- A1.** Analyse and interpret the impact of an increasing prevalence of people living with chronic illness within the population upon health care, nursing practice and government policy
- A2.** Demonstrate the ability to apply therapeutic personalised nursing care for people living with chronic illness who experience increased complexity and diversity of health care needs within Australia (NSQHS Standards; Aged care Standards and Paediatric Quality Standards)
- A3.** Evaluate the significance of mental health, health literacy and consumer participation to the whole of person health in the context of their chronic illness

Unit Content:

The NMBA *Registered Nurse Standards for Practice (2016)*; NMBA *Code of Conduct for Nurses (2018)* and *Code of Ethics for Nurses (2018)*, National Safety and Quality Health Service (NSQHS) Standards (2017), Aged care Quality Standards and National Health Priority areas have substantially informed the syllabus/content of this unit.

- Chronicity and its causes. What is chronicity?
- World Health organisation NCD (non-communicable disease) Global monitoring framework
- Ageing as a chronic condition (aged care Quality Standards)

- Major factors which contribute to chronic illness
- Chronic conditions/illness concepts including attitudes and perceptions towards health and wellness, disability in relation to people experiencing chronic illness including stigma
- Chronic illness populations – epidemiology, demography, community indicators, impacts and responses
- Government policies, legislation and strategies for an increasing prevalence of people living with chronic illness within the Australian population
- National Priority Health area chronic health conditions experienced by individuals, groups, communities and populations - National Safety & Quality Standards and Aged Care Quality Standards revisited regarding primary health
- Nursing assessment of the bio-psychosocial and cultural care needs of people living with chronic illness and the nursing response
- Identifying health and nursing care needs of people living with chronic illness, their caregiver, family and the wider community
- Pharmacological and non-pharmacological care and treatment interventions for chronic illnesses experienced by individuals, groups, communities and populations
- Issues related to people living with chronic illness including: ethics, law, poly-pharmacy, grief, loss, bereavement, abuse, neglect, restraint, end of life decisions, relationships, family dynamics
- Service and assistance availability and challenges for people living with chronic illness including support in the home, community, and facility-based settings
- The person as expert in health care and the role of the nurse in person centred care
- Collaboration with people living with chronic illness, their caregiver, family and the wider community and the interdisciplinary/multidisciplinary health care team
- Contemporary nursing practice approaches to people living with chronic illness
- Best practice and specialist competencies in caring for people living with chronic illness
- Self-determination, self-management, resilience and healthy lifestyle and balance,
- Develop and assess unit nursing graduate attributes
- Palliative care, end of life, advanced care planning, consumer participation
- Paediatric chronic conditions (Paediatric Quality Standards)
- Consolidate and assess nursing graduate attributes, National Safety & Quality Standards and Aged Care Quality Standards and Practice Standards

Learning Task and Assessment:

Planned Student Learning Experience

A 15-credit point unit will involve a minimum of 150 hours of learning. For every one hour of teacher-directed learning, there will be a minimum of two hours of student/learner directed learning. The *teacher directed* hours of student learning in this unit will be experienced primarily through teaching innovations like interactive technology enhanced learning, class discussions, audio-visual presentations, flexible blended and on-line learning, low and high fidelity simulations, exploration of case studies and inquiry-based learning. You are expected to attend all scheduled classes and actively participate during class sessions. Attendance at all residential intensives (flexible students), clinical placement and laboratory sessions is compulsory.

Learner-directed hours will include focused learning activities, simulated laboratory learning, practice and reflection on practice, and role modelling. Students are expected to access electronic research databases and use computers to facilitate learning.

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1, K2, K3, S1, S2, S3 S4, A1, A2, A3	Attendance at Active Learning Sessions	80% Attendance at Active Learning Sessions	S/U Hurdle
K1, K2, K3, S1, S2, S3 S4, A1, A2, A3	Critical analysis of a current Australian health care strategy for people living with chronic illness meeting the needs of a diverse multicultural population Consolidate and assess nursing graduate attributes and Practice Standards.	Debate /Person centered chronic condition response	40-60%
K1, K2, K3, S2, S3 S4, A2, A3	Review of foundational concepts integral to working with people who live with chronic illness Consolidate and assess nursing graduate attributes and Practice Standards	Self-management plan for an individual with chronic illness	40-60%

Adopted Reference Style:

APA

Refer to the [library website](#) for more information

Fed Cite - [referencing tool](#)